



**Travel Assist**

**Valley  
News**

**Christmas Edition**

# Merry Christmas and a Happy New Year

As the weather changes and the dark nights draw in while you're keeping warm, it's easy to feel isolated.

Try to do something you enjoy every day.

Try to keep to your usual routine and stay active.

Warm yourself from inside out with plenty of hot drinks.

And try to do something you enjoy, maybe think about getting Out & About with Travel Assist.

Our trip list is arranged to help you beat the winter blues.

It's not unusual to feel down in winter – particularly as the days get shorter.

Travel Assist is making sure you have plenty of opportunities to meet people, head to interesting places and stay active.

Our trips for January and February are specially chosen so that you get out and about without any worries.

On many trips, you won't even have to leave the minibus (except for comfort stops) and we make sure that our destinations are indoors and sheltered.

**01254 773765**

# About Travel Assist.

You may not be aware that Travel Assist is a not for profit social enterprise.

This means that we can offer a service which we believe to be second to none whilst keeping your transport cost to an absolute minimum.

What's more, being a social enterprise means, there is no owner.

The organisation belongs to the community that we service.

Our main social objective is to provide practical solutions to transport problems experienced within our community and we work with you to find the best solution to any transport difficulties.

That's why it makes sense for you to consider Travel Assist for all your transport needs.

Travel Assist exists to assist you.

Please share your transport needs with us and we will endeavour to offer you a solution.



## Specialist in small group transport.

Are you a member of a community based group?

Do you need transport for meetings or activities?

At Travel Assist we have fully accessible minibuses that are dedicated to and only carry out trips.

In other words we're not tied up taking school children at the times when you want to travel.

If you would like more information or you may need a little help in finding out what activities are available for your group, we can come out to meet your group or if you would prefer we can discuss over the telephone.





## Out and About Trips

The Out and About trips are our organised outings that pick up and drop off at your home. There's no need to worry about getting to a meeting point, we'll come to you and make sure you have a fun, stress free day out. We go to a wide variety of places, take a look at our latest list below.

**Tuesday-6<sup>th</sup> of November-Trafford Centre**-Heading off to the Trafford centre with its variety of well known shops and place to get a drink and a bite to eat. There's also the chance to go the tea dance with complimentary tea, coffee and cloakroom plus a free prize raffle. **£12pp**

**Saturday-10<sup>th</sup> of November- Chorley Food and Craft Market** – The Farmers Market is set in the tree-lined pedestrianised area in the heart of the town centre, on the second Saturday of each month with stalls consisting of locally produced goods including cakes, preserves, meat and more. Chorley's covered market is also open so both can be explored. **£8pp**

**Tuesday-13<sup>th</sup> of November-Owd Barn Store & Tearoom** A run through the countryside ending at the Owd Barn a 16th century listed barn with a rustic farm shop, a gift shop, a country store and a tea room. **£11pp**

**Saturday-17<sup>th</sup> of November- Hopeful & Glorious Winter Art Fair (Lytham hall)**- A chance to see a brilliant range of art, design, jewellery, photography and craft at Lytham Hall with free entry to the fair itself. For a fee you can also explore the parklands, or enjoy a guided tour. There's also the possibility of heading to Lytham high street after the fair. **£12pp**

**Tuesday-20<sup>th</sup> of November-York Christmas Market**-Soak up the city's medieval charm as fairs, family fun and festival flavours transform York into a festive fairytale. Visit the traditional chalets adorned with twinkling lights and follow the aromas of mulled wine and tempting treats to the new Yorkshire Barn for a taste of Yule themed Yorkshire fodder as well as the chance to explore York's unique shops. **£17pp**

**Friday -23<sup>rd</sup> of November-Oswaldtwistle Mills**- the award-winning Shopping Village & Garden Centre, selling a wide range of items, from furniture and fashion to food, gifts, textiles, home furnishings, lighting and fish. You can also pay a visit to the new Ice Cream Parlour, Gourmet Food Deli or Children's Play Centre & Café. Aside from shopping there's also the Aquatics Specialist, Textile and Heritage Museum, Mill Grounds and Wildfowl Reserve. **£6pp**

**Tuesday - 27<sup>th</sup> of November-Liverpool Christmas Markets**- a chance to explore a traditional Christmas market in Liverpool with 60 stalls and 3 outdoor German style bars. As well as the opportunity to explore the centre of Liverpool and its shops and museums. **£16pp**

**Saturday-1<sup>st</sup> of December – Clitheroe**-heading to Clitheroe town centre with a variety of shops from Dawsons Department Store, to the clothing stores Boho chic, Beau Monde M&Co, the wine shop D Byrne & Co, the jewellery store Rue 5 and many more including Belgravia Books, Cowgills of Clitheroe and H M Sowerbutts & Co Ltd. There are also several cafes, cocktail bars and pub to grab a bite to eat and drink. **£8pp**



**Thursday-6<sup>th</sup> of December- Whalley Pickwick Festival**-in the evening with live stage and street music as well as live street acts and a fairground. As well as stalls ranging from gifts, cards, Christmas fare, festive foods, hot foods, craft and tombola's. There's also to a chance to browse the high street as the shops will have late night opening. **£8pp**

**Saturday-8<sup>th</sup> of December-Grassington Dickensian Christmas Markets**-Nestled in the heart of the Yorkshire Dales, the picturesque village of Grassington is transported back to the time of Dickens, with shopkeepers, villagers and visitors dressed in Victorian costume. Grab a warming mulled wine or hot chocolate, watch the bands, buskers and Victorian street entertainers with a traditional Christmas Market in the village square and all the shops brimming with stunning Christmas gift ideas. For the children, a chance to meet Santa in his hideaway grotto. **£16pp**



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**Tuesday-11th of December-Manchester Christmas Market**- A chance to go to the nationally renowned Christmas in Manchester. With a variety of foods and stalls selling unique items. **£12pp**

**Friday-14<sup>th</sup> of December-Barton Grange**- a chance to see the award winning Christmas display at Barton Grange Garden Centre. **£10pp**



## Christmas and New Year break



**Tuesday-8<sup>th</sup> of January-Winter Country Run**-A scenic journey through the countryside so you can see the frozen fields while staying cosy and warm before stopping for a bite to eat. **£12pp**

**Tuesday- 15<sup>th</sup> of January –Boundary Mill**- heading off to Boundary Mill for the winter sale. **£8pp**

**Tuesday- 22<sup>nd</sup> of January-Dobbies Garden Centre at Preston**-In open countryside, with three floors, there is plenty to see and do. There's a huge plant department stocking a variety of plants, shrubs, flowers and trees. Plus the sunny restaurant patio - surrounded by a huge waterfall, where you can enjoy soup with freshly cracked bread, a cream scone or a meal. **£10pp**

**Tuesday- 29<sup>th</sup> of January- Heskin Hall Shopping Village**-With over 50 unique shops including, crafts, gifts, clothing, butchers, as well as Kitchen & Bathroom Showrooms, Handmade Curtains & Cushions, Bridalwear and the nationally acclaimed Hepplestone Fine Art Gallery. You can eat at The Two Birds Tea Room by its wood burning stove or at The Crafty Potter Cafe for a hot meal. **£10pp**

**Tuesday-5<sup>th</sup> of February- Chinese New Year**- Heading to china town in Manchester which will be celebrating the start of the Year of the Pig culminating with the dragon parade. **£12pp**

**Tuesday-12<sup>th</sup> of February-Country Run ending in Ribchester**-A scenic drive through the country while staying warm on the bus. Ending the journey at the beautiful village of Ribchester where the Ribchester Arms serves delicious food, the Potters Barn Cafe has cakes, teas and pottery making. **£12pp**

**Friday-15<sup>th</sup> of February-Preston**-Dropping off in Preston town centre, where you can go to St George's shopping centre which has a variety of high street shops. You can also visit the Harris Art Gallery and Preston Guild Hall. **£8pp**

**Tuesday-19<sup>th</sup> of February - Coronation Rock & Glasform** in the morning see how the famous Blackpool Rock is created and relax at the Café and then go to Glasform to see glassblowing workshop and see techniques that have been used for hundreds of years.**£12pp**

**Saturday-23<sup>rd</sup> of February-Gordon Rigg**- The large garden centre that has been voted best Garden Centre in the North, 2nd best in the UK by Which? Magazine with the Cotton Weavers Café to sit and relax.**£10**

**Tuesday-26<sup>th</sup> of February-Watershed Mill**- A Unique shopping experience on the edge of the Yorkshire Dales.**£12pp**

### **Bookings can be made by:**

Telephone: 01254 773765 Mon-Fri 9am-1pm

Email: [travelassistbookings@btconnect.com](mailto:travelassistbookings@btconnect.com)

Or in person: At Darwen Market, Wednesday and Friday 9am-2pm  
or Blackburn Market Information Desk

Also please ask for a data protection consent form either by ringing the office or asking the driver for details.